

Emotions 2

| Spirit | Soul | Body |
|---------------------------------------|-----------------|-------|
| New Birth | Mind | See |
| Communicates with God | Emotions | Smell |
| Power of God comes through our Spirit | Conscience | Taste |
| | Personality | Hear |
| | Will | Feel |

Emotions are a state of mind derived from circumstances, mood, or relationships. Having emotions is a normal part of life and provides a depth to our souls. Emotions are neither good nor bad in themselves, but must be tempered by the Holy Spirit. (Temper = to make suitable, desirable, or free from excess by mingling with something else.)

To have the proper balance in our emotions we need to look at God's emotions as a reference. We saw last lesson that God is love, and we know the eight other fruits of the Spirit: joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. God is also angry and jealous.

Anger:

Proverbs 29:11

A fool vents all his anger, but a wise man holds it back.

Ephesians 4:26,27

“In your anger do not sin” : Do not let the sun go down while you are still angry, and do not give the devil a foothold.

Psalm 95:10,11

For forty years I was angry with that generation;
I said, ‘They are a people whose hearts go astray,
and they have not known my ways.’

So I declared on oath in my anger,
‘They shall never enter my rest.’ ”

God is characterized as slow to anger and abounding in love in many scriptures. God does get angry and his wrath is poured out in judgment.

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Revelation 15:5-8

After this I looked, and I saw in heaven the temple—that is, the tabernacle of the covenant law—and it was opened. Out of the temple came the seven angels with the seven plagues. They were dressed in clean, shining linen and wore golden sashes around their chests. Then one of the four living creatures gave to the seven angels seven golden bowls filled with the wrath of God, who lives for ever and ever. And the temple was filled with smoke from the glory of God and from his power, and no one could enter the temple until the seven plagues of the seven angels were completed.

Jealousy:

Exodus 20:5

You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me,

Proverbs 6:34

For jealousy arouses a husband's fury, and he will show no mercy when he takes revenge.

Romans 13:13

Let us behave decently, as in the daytime, not in carousing and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy.

2 Corinthians 11:2

I am jealous for you with a godly jealousy. I promised you to one husband, to Christ, so that I might present you as a pure virgin to him.

Galatians 5:19-26

The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit. Let us not become conceited, provoking and envying each other.